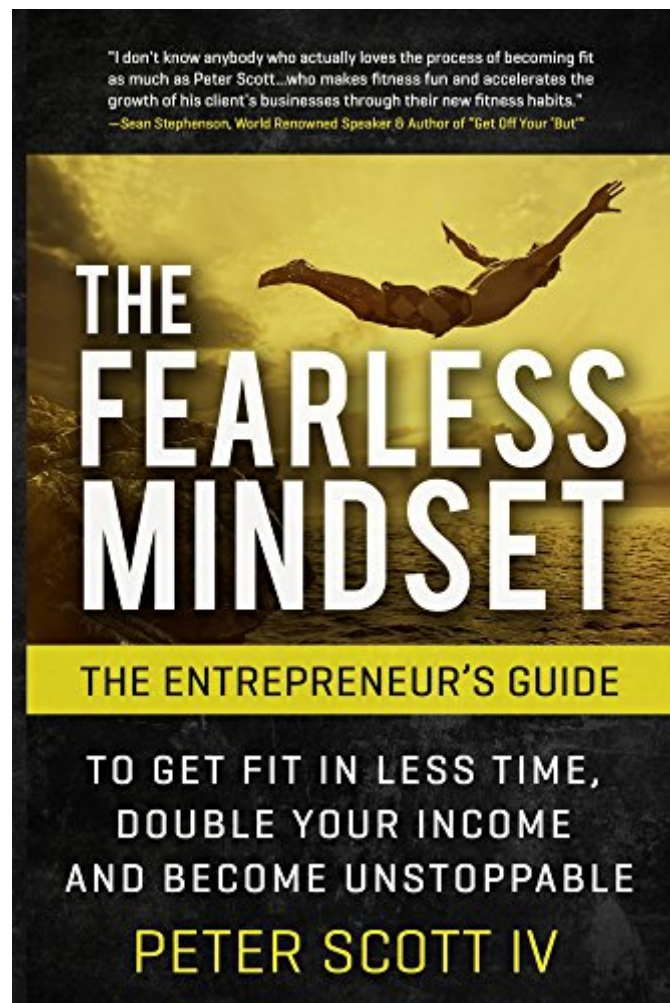


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# The Fearless Mindset: The Entrepreneur's Guide To Get Fit In Less Time, Double Your Income, & Become Unstoppable



## Synopsis

This is a book for everyone who wants to conquer the fear holding them back from the life they've only dared to imagine. This is NOT a book for people who just want another feel good set of catch phrases or trite slogans. Because, inside this book you'll discover key insights and actionable strategies for creating a Fearless Mindset. Strategies and insights revealed include:â€¢ Understanding and Harnessing the "2/4 Fear Factor"â€¢ 4 Steps for smashing through goals in any area of life â€¢ The little-known "Code" that scientifically alters your DNA to overcome fearâ€¢ What a Super Bowl Champion taught me about failure after successâ€¢ 5 action steps for taking back control of your dayâ€¢ And much, much moreâ€¢ Plus, get \$297 worth of bonus audio interviews and invitations to Peter's next live event. Download the book now so that you get fit in less time, double your income, and become unstoppable! Scroll to the top of the page and click the [buy button](#)™.

## Book Information

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## Customer Reviews

I'm often skeptical of fitness books as they often either give you hollow inspirational sayings or impractical advice on how in order to get 6 pack abs you just need to work out 8 hours a day. What I love about this book is the author creates a framework and mindset that is rooted in reality and

actually implementable to your own life. The focus of the book is on how to maintain your fitness (and as a result - make yourself more productive) under the stresses and time constraints of being an entrepreneur. While the book focuses on entrepreneurs, I think the tactics in the book can apply much broader than that to anyone who has ever said "I know I should be more fit, but I don't have the time" which is something I would say constantly. By developing the proper mindset to start you create the circumstance where you will naturally make the choices that push you where you want to go - highly recommended read

Peter Scott is the real deal. I've seen him firsthand transform his own life and the life of others through his innovative approach of fitness and entrepreneurship. He has combined his greatest insights into a must read book for anybody looking to take their life to the next level. There's no doubt in my mind that his insights will propel you in the direction of your greatest desires.

Peter Scott focuses and energizes his readers with several personal stories of overcoming fear. He teaches you how to identify and overcome the irrational fears that prevent all of us from being the person we have the potential to be. The anecdotes are fun to read and easy to relate to. Peter proves that personal well-being can be a key to business success. Any entrepreneur that's stuck in a business, or personal rut, would do themselves a great service by picking up this book.

Every once in a while a person comes along and changes the game, and that is exactly what Peter has done with his life and this book. Based on his own very successful life transformation (fitness, health, wealth, etc.), Peter has written an easy to follow playbook on how to get exactly the life you want right now. He uses practical examples and routines that are easy to implement and relevant for anyone, which makes it easy to buy this book now and starting winning in life. If you have the desire to break out of what is holding you back, then Peter gives you all you need in order to adopt a courageous mindset and create a personal formula for a better life.

This is not a book of complex fitness moves and nutritional plans, nor is it a lesson in how to "get rich quick," skipping the cookie-cutter inspirational quotes and complex fitness methods. In this book, Peter Scott defines a practical blueprint for improving and maintaining physical and mental health, and by extension, enhancing productivity and decision-making skills. Instead of focusing just on the "how" and "what," Peter Scott hits on the "why," and helps illustrate the bridge between personal fitness and business leadership. I highly recommend this book to anyone (not just

business leaders and entrepreneurs) who is facing issues around work-life balance, lack of self-confidence, and those inevitable "I can't" thoughts.

I was only on the third page of Peter Scott's new book when I had my first light bulb moment. It was when I read the quote below: "This sacrifice is common for anyone who is committed to being successful in their career. And although some level of sacrifice is undoubtedly required as you pursue your dreams, being maniacally obsessed with your career severely impairs your quality of life." I am in the middle of a 6 month coaching program working with Peter and have been consistently challenged and pushed to reach past my fear to surpass my limits and completely redefine what I believe is possible. This quote reminds me of how when I started this journey I thought I would have to sacrifice "all the things I liked" in order to get what I wanted in life. The reality is far from it, and Peter has helped show me that. I have found through Peter's coaching that really I am just letting my fear of change and more importantly my fear of my own potential, keep me from taking action and stepping into my own greatness. It has not been an easy road but Peter has been helping me every step of the way with my fitness, relationships, mental clarity, and my business. Peter is an amazingly committed man, a great mentor, and an all around great guy. I can't wait to see the impact his book has on the people that read it because on page 3, it has already impacted me and given me a new beautiful insight into life. I love your work Peter and am so proud of you, congratulations on this accomplishment and I can't wait to see what comes next for you as a result of releasing your message to the world in this new way!

Regardless of what type of entrepreneur you are, there will likely be times when parts of your life are sacrificed in order to chase success in other areas. One of the most commonly forgotten is personal fitness. This book does an excellent job of illustrating why fitness should be the focal point of an entrepreneur's habits and the mental, physical, and financial benefits created from it. Peter uses realistic and easy-to-implement strategies to help motivate anyone willing to challenge the status quo and move beyond typical excuses. You won't regret this read.

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